## WHO ARE WE?

- MCBHC has full time nurses with mental health experience who will visit you in your home.
- Your nurse will usually visit on a weekly basis, or more or less frequently, as needed.
- You are required to be an active learner and participant in this program to optimize your education.

HOW CAN I GET INVOLVED IN THE PROGRAM?

- Ask your psychiatrist, case manager, doctor, or therapist to complete a referral
- Contact our Central Intake Department at (724) 662-2230.
- Contact the Lead Program Nurse at (724) 662-2230, Ext. 212.

Mercer County Behavioral Health Commission, Inc.

> Mobile Psychiatric Nursing



Mercer County Behavioral Health Commission, Inc.

8406 Sharon-Mercer Rd. Mercer, PA 16137 (724) 662-1550

"Achieving results through empowerment and education" Mercer County Behavioral Health Commission Mobile Psychiatric Nursing Program is a voluntary service designed to assist individuals with serious mental illness who are living in the community and are experiencing difficulties in managing their prescribed medications.



WHO IS ELIGIBLE?

- Adult consumers with serious mental illness, aged 18-65 and residing in Mercer County.
- Elderly SMI consumers, in Mercer County, 65 years and older.

## HOW CAN A MOBILE PSYCHIATRIC NURSE HELP YOU?

- Provide education related to your psychiatric prescriptions and their use.
- Encourage use of a weekly pill organizer.
- Develop goals relating to knowledge of medication names, uses, frequencies, and doses.
- Enable you to become independent in calling in and picking up your refills from the pharmacy.
- Monitor any side effects and/ or mental health symptoms you may be experiencing.

## WHAT ARE THE GOALS OF THE PROGRAM?

- Build independence in successfully managing prescribed medication.
- Improve compliance and reduce frequency of hospitalization.
- Promote wellness and stability of mental health in your home setting.
- Improve communication between members of your treatment team.

