Stephanie Murtaugh

Stephanie Murtaugh is a thirty year veteran in the field of addictions and treatment and prevention. Her current fulltime position is the Component Director of Prevention and Intervention Services at Mercy Behavioral Health. Ms. Murtaugh has extensive addictions treatment experience having worked in or managed programs at all levels of care at some point in her career. Additionally, she is a private trainer and consultant in the field of addictions and adjunct faculty at Waynesburg College, Department of Counseling Psychology and adjunct faculty at the University of Phoenix. Ms. Murtaugh's educational background includes a Bachelors Degree in Psychology and Sociology from the University of Pittsburgh and a Masters of Business Administration from Waynesburg College.

IF YOU HAVE ANY QUESTIONS REGARDING THIS TRAINING, PLEASE CONTACT THE:

> MERCER COUNTY BEHAVIORAL HEALTH COMMISSION, INC.

8406 SHARON-MERCER ROAD MERCER, PA 16137

> PHONE: 724-662-1550 FAX: 724-662-1557

> > OR EMAIL AT:

www.star.vespaziani@mcbhc.org



This project made possible by a contract with the Department of Drug and Alcohol Programs, Commonwealth of Pennsylvania. The Department specifically disclaims responsibility for analysis, interpretations, or conclusions herein. MERCER COUNTY BEHAVIORAL HEALTH COMMISSION, INC. PRESENTS:



Thursday, May 21, 2015 9:00 a.m. to 4:00 p.m.



8406 Sharon-Mercer Road

Mercer, PA 16137

Phone: 724-662-1550 Fax: 724-662-1557 Mercer County Behavioral Health Commission invites you to attend:

Addictions 101:

Getting Back to Basics

Training Hours:

May 21, 2015

9:00 a.m. to 4:00 p.m.

Fee:

\$20.00

(This fee must be pre-paid or paid on the day of the training. This fee is non -refundable if 48 hours notice of cancellation is not received.)

Lunch is on your own!

This workshop has been approved for 6 PCB Credits!

Seminar Overview:

Addictions 101: Getting Back to Basics is an education seminar that incorporates didactic presentation and stimulating audience interaction. It has been designed as an introductory course for entry level addictions professionals as well as for public health personnel seeking to expand their knowledge of addictions.

Learning Objectives:

- Participants will learn the textbook definition of substance abuse, alcoholism and related terms according to important references such as the DSM-IV-TR.
- 2. Participants will learn and discuss the negative consequences of substance abuse and review current statistics on this issue.
- 3. Participants will learn and discuss the categories of substances including popular street drugs, rave drugs, date rape drugs and socalled designer drugs.
- 4. Participants will learn basic testing methods for addictions including the CAGE and SMAST.
- Participants will learn treatment models (i.e.: Moral, Disease, Behavioral) treatment strategies, including Stages of Change, the Alcoholics Anonymous 12-Step Program and other options, some critical of AA, including the controversial Drinking in Moderation Program.

