

## MISSION STATEMENT

The Mercer County Behavioral Health Commission is private, non profit organization that assists persons with drug and alcohol, mental health and mental retardation needs through the administration, coordination and delivery of a service system committed to improving the quality of life of those we serve.

## CORE VALUES OF PEER SUPPORT

Respect, Hope, Honesty, and Recovery. We share these values with the consumer to help them understand that they can recover with the help of peer support specialist services.

## PRIVACY & CONFIDENTIALITY

NO INFORMATION ABOUT YOU WILL BE RELEASED WITHOUT YOUR WRITTEN CONSENT. SERVICES ARE CONFIDENTIAL!



MCBHC

## PEER SUPPORT SERVICES

### MERCER COUNTY BEHAVIORAL HEALTH COMMISSION

8406 Sharon-Mercer RD  
Mercer, Pa. 16137  
Phone: 724-662-1550  
Fax: 724-662-1724  
Emergency-724-662-2227



Peer Support  
The Start Of A New Relationship

[www.mercercountybhc.org](http://www.mercercountybhc.org)

# RECOVERY

What is a Certified Peer Support Specialist?

A peer support specialist offers you a supportive advocate to aide in keeping you on your recovery path. They are individuals like you who are living their own mental health recovery journey and are willing to openly share their experience, strength and hope with others.



*Recovery is possible!*

## WE HELP WITH

Personal Wellness  
Self Advocacy  
Social Supports  
Self Awareness  
Community Resources  
Wellness Recovery Action Plan  
Case Management  
Crisis Management  
Problem Solving Skills  
Coping Skills  
Peer Counseling  
Mentoring  
Crisis Avoidance  
Self Awareness  
Achieving Goals



Are You Eligible?

Peer Support services are available to adults 18 and older who have a mental health diagnosis. You can call us if you have questions about your eligibility.

- Strengths Based
- Convenient
- Supportive
- Accessible
- Understanding
- Education