



A **FREE** 7 Session Program for families with children ages 10-14!

Coming Soon...Tuesday Nights!

Start Date: **March 7, 2017**

Musser Elementary School

Dinner: 5:30-6:00pm

Program: 6:00-8:00pm



Strong African American Families Program
For Parents and Youth 10-14
Program developed at University of Georgia



This Program is Sponsored by
Mercer County Communities That Care

**Space is limited...
ENROLL TODAY!**

Strong African American Families



**FOR MORE INFORMATION,
CONTACT:**

Laura Leskovac 724-456-7785

lauraleskovac@hotmail.com

Kelly Burke 724-662-1550

kelly.burke@mcbhc.org

**Enrollment forms can be mailed,
emailed or faxed to:**

Kelly Burke
Mercer County Behavioral Health
Commission, Inc.
8406 Sharon-Mercer Rd.
Mercer, PA 16137
Fax: 724-662-1557
kelly.burke@mbhc.org



Parent's/Caregiver's Name(s): _____

Student's Name: _____

School District the Student Attends: _____

Grade Level _____

Age _____

Family Mailing Address: _____

Will you need childcare for younger siblings? Yes No

List ages of those who will attend childcare: _____

Parent Phone Number(s): _____

If applicable, Referring Agency Completing Form: _____

If applicable, Referring Contact Person: _____

Referral Source Phone Number: _____

Mail, Email or Fax completed form to:

Strong African American Families

Kelly Burke

kelly.burke@mcbhc.org

Fax: 724-662-1557

Phone: 724-662-1550 ext 108

Laura Leskovac

lauraleskovac@hotmail.com

Phone: 724-456-7785





Strong African American Families Program (SAAF) for Parents & Youth Ages 10-14

WHAT TO EXPECT:

- A **FUN** filled family program where each participant is treated with dignity and respect.
- **SAAF** focuses on parents' and youths' already existing strengths.
- **Dinner** is provided promptly at 5:30pm each session.
- At 6:00pm, parents and youth ages 10-14 separate into individual sessions. Also during this time, younger siblings go to the **childcare** room.
- At 7:00pm, youth re-join parents and the family session runs until 8:00pm.
- Weekly **prizes** and give-aways are an exciting part of the program!
- **Space is limited, register today!** Registration information is included on the back side of the brochure.

FREE DINNER PROVIDED EACH NIGHT OF PROGRAM



FREE CHILDCARE FOR THOSE UNDER 10

PARTICIPANTS MAY INCLUDE:

Families with youth ages 10–14 years

- Single-parent homes
- Two-parent homes
- Foster families
- Families with grandparents as caregivers
- Multiracial families
- Blended families

PARENT SESSION TOPICS

- *Supporting Our Youth
- *Making & Enforcing Rules
- *Everyday Parenting
- *Helping Youth Succeed in School
- *Protecting Against Dangerous Behavior
- *Encouraging Racial Pride
- *Staying Connected with Our Youth

YOUTH SESSION TOPICS

- *Setting Goals for Future
- *Discovering Who I Am
- *Dealing with Temptations
- *Staying True to My Values
- *Peer Pressure & Understanding Caregivers
- *Dealing with Unfair Situations
- *What Is A Good Friend?

FAMILY SESSION TOPICS

- *Family Support for Youth Goals
- *Sharing Youth & Family Values
- *Supporting Youth Development & Concerns
- *Understanding Each Other
- *Caregivers & Young People Working Together
- *Encouraging Racial Pride
- *Expressing Appreciation