### **MISSION STATEMENT**

The Mercer County Behavioral Health Commission is a private, non profit organization that assists persons with drug and alcohol, mental health and mental retardation needs through the administration, coordination and delivery of a service system committed to improving the quality of life of those we serve

## PRIVACY & CONFIDENTIALITY

NO INFORMATION ABOUT YOU WILL BE RELEASED WITHOUT YOUR WRITTEN CONSENT.

SERVICES ARE CONFIDENTIAL!!!

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#### CORE VALUES OF RECOVERY SPECIALIST SERVICES

Respect, Hope, Honesty and Recovery. We share these values with the consumer to help them understand that they can recover with the support of a recovery specialist. BHC

Recovery Specialist Services Face Everything And Recover

MERCER COUNTY BEHAVIORAL HEALTH COMMISSION, INC.

> 8406 Sharon-Mercer Road Mercer, PA 16137 Phone: 724-662-1550 Fax: 724-662-1724

Emergency: 724-662-2227

# What is a Certified Recovery Specialist ?

A Certified Recovery Specialist (CRS) is an individual who has experience in recovery and addiction.

They will offer support and guidance to Mercer County Adults struggling with addiction issues – or co-occurring substance abuse and mental health issues in need of outreach, mentoring and peer support at all stages of the recovery process.

They will are individuals like you who are living their own recovery one day at a time. They are willing to share their own personal experience, strength and hope with you to show you that recovery is possible.

# **CRS SERVICES**

- Consistent support and guidance before, during and after any and all treatment episodes
- Encourage and identify educational and employment opportunities
- Help individuals to build or rebuild positive, constructive relationships with family and others
- Introduce and engage individuals in the recovery community
- Accompaniment to community support programs and meetings
- Encouragement and offering accompaniment to alcohol/drug free social and recreational activities

- Offer guidance on the recovery experience, to include the stage appropriate recovery education;
- Offer support related to obstacles that are often encountered during the early stages of recovery;
- Assist in the development of an Individualized Recovery Plan
- Facilitate access to various community resources to ensure basic needs are met
- Monitor the individual's recovery stability;
- Offer referrals to treatment services when necessary

