Transition Age Youth (14-26 yrs old) Services within Mercer County

Local Provider and Community programs

Autism and Education Resource Institute

- AHEADD- college support program for higher functioning Autism, Asperger's, ADD, ADHD, Dyslexia, Learning Disabilities, and Non-verbal Learning disorders
 - Contact Nicole Jarock- 866-727-2374
 - www.aheadd.org

Children's Aid Society

- Mentoring Program for individuals ages 14 and up, transitioning into adulthood
 - Contact- Ken Laaks- 724-662-4730
- Family Based services for ages 14-20
 - Intensive in-home therapeutic services using Structural Family Therapy and Trauma-Focused therapy
 - o Contact Conor Scullin- 724-662-4730

Community Counseling Center

- Behavioral Health Rehabilitation Services/Wraparound for ages 14-20
 - o Mobile Therapy, Behavioral Specialist Consultant, and Therapeutic Staff Support services
 - o Autism services-Several Board Certified Behavior Analysts (BCBA) on staff
 - o Contact-Maggie Caesar-Myers-724-981-7141 Ext. 341
- Community Residential Rehabilitation services for ages 18-26
 - 24 hour staffed residences with focus on recovery and independent living skills
 - o Contact-Fran Billen-724-981-6193
- Drug and Alcohol Services
 - Outpatient Drug and Alcohol services for ages 14-26
 - Adult Intensive Outpatient (IOP) services for ages 18-26-Meets three days per week for three hours per day
 - o Multidimensional Family Therapy services for adolescents 14-18 who require an IOP level of care-Sessions often provided in the home.
 - o Contact-724-981-7141
- Family Based services for ages 14-20
 - Intensive in-home therapeutic services utilizing Structural Family Therapy and Trauma- Focused Cognitive Behavioral Therapy (TF-CBT)
 - o Contact-Elaine Wolfson-724-981-7141 Ext. 327
- Outpatient Therapy for ages 14-26-Clinic based in Hermitage, Greenville, and Grove City
 - o Multiple therapists who specialize in seeing adolescents and young adults
 - Eye Movement Desensitization and Reprocessing (EMDR) trained clinicians-effective for PTSD, trauma and abuse victims
 - Attachment-Based Family Therapy clinician-effective with adolescents who may be suicidal or be experiencing depression
 - o Autism services-Several Board Certified Behavior Analysts (BCBA) on staff
 - o Contact-724-981-7141
- Outpatient Therapy-School-Based for ages 14-high school
 - Therapy provided in 12 school districts throughout the county

- o Contact-Maggie Caesar-Myers -724-981-7141 Ext. 341
- Peer Support Services for ages 18-26
 - Certified adults with lived Mental health experience who mentor and guide the young adult through their chosen recovery path-individualized and community-based
 - o Contact-724-981-6193
- Psychiatric Evaluation and Medication Management services
 - Board Certified Child and Adolescent Psychiatrist-Ages 14-17
 - Medical Director-Ages 14-26
 - o Contact-724-981-7141
- Psychiatric Rehabilitation for ages 18-26
 - Builds skills to improve mental health recovery
 - o Contact-Fran Billen-724-981-6193
- Supported Employment for ages 18-26
 - Pre-vocational training, job development, and job coaching
 - o Contact-Susan Poznar-724-981-6193
- Supportive Housing for ages 18-26
 - Assists with learning independent living skills
 - o Contact-Fran Billen-724-981-6193
- West Central Center for the Deaf
 - Advocacy services for ages 14-26 who are Deaf/Hard of Hearing
 - Clinical services including therapy and psychiatric services for ages 14-26 who are Deaf/Hard of Hearing
 - Services throughout Western PA
 - o Contact-Mary Pollock-724-981-7141 Ext. 143

Disability Options Network

Disability Options Network works with anyone with any disability of any age to live independently

- Information and referral
- Independent skill training
- Peer support
- Advocacy
- Transition Services
 - Transition services for youth with disabilities and their families in transition from school to work/community
- Contact number 724-652-5144

DON Services is an attendant care waiver service provider

- Physical disability waiver Services for personal attendant care ages 18 +
- Our new LINKS to Everyday Lives Program serves people with Intellectual Disabilities by providing Home and Community Based Services including Companion, Home and Community Habilitation, Respite, and Homemaker chore.
- Contact number 724-652-5144

Educational Advocate

MCAR

Contact- Nicci Jones- 724-981-2950, ext. 207

Elks Home Service Coordinator

- Assists individuals of any age with any developmental disability or special needs diagnosis
 - Advocate for appropriate and inclusive educational services, supports with vocational goals
 - Assists with referrals to appropriate community agencies
 - Assists with accessing equipment and assistive technology
 - Assists with community inclusion
 - Emotional support
 - Encourages independence and self-advocacy
 - o Liaison between individuals, families, and health care providers
 - Contact Amanda Davis- 724-475-5018 or adavis@paelkshomeservice.org

Educational Planner (fee associated)

- Provide assistance with transitioning into adulthood within the school system
 - Contact- Sue McLaughlin- 724-346-0982
 Email- edplanner53@yahoo.com

Mercer County Assistance Office

- Food stamps, medical assistance, utility assistance
 - o Contact- 724-983-5000 or www.compass.state.pa.us to apply on-line

Mercer County Behavioral Health Commission

- Case Management programs
 - All ages
 - Links, coordinates, and monitors services
 - Contact Central Intake Unit for assessment and referrals- 724-662-2230

Mercer County Children and Youth

- Independent Living program
 - Contact- Whitney Galati- 724-662-3800, ext. 3125

Mercer County Mentoring

- Mentoring program for children and youth ages 5-15
 - o Contact- Steve Landman- 724-856-1485

Office of Vocational Rehabilitation

- Vocational Rehabilitation Counselor working with transition age youth
 - o Contact- Rebecca Lupo at 724-983-5723 or rlupo@pa.gov

PA Family Network

- Advisors connecting family's and navigating Office of Developmental Program services
 - o Contact- Paulette Testani at ptestani@visionforequality.org or 1-844-PAFAMILY

Penn State Cooperative Extension in Mercer County

- Offers youth and family development programs such as 4-H
 - o Contact- 724-662-3141
 - o www.phlp.org

Pennsylvania Health Law Project

- Offers free legal advice to low-income people with insurance problems. Also with helping people who don't have health insurance
 - 0 1-800-274-3258

Respite Services- 3 hour respite service one Friday a month and registration is required prior to attending

- Bethel Life Worship Center
 - o Contact- Denise Bell- 724-456-1657
 - www.blwc.org for registration forms
- Grove City Alliance Church
 - o Contact- Rebecca Montgomery- 814-602-6508 or special_connections@yahoo.com

Special Kids Network

- Parent Resource
 - o Contact- Annie Wilkins- 814-270-5553

St. Michael's Harbor

- Transition into Adulthood Program (Autism Spectrum Disorder) Job Coaching program
 - o Contact- Mike Mikita- 724-982-0414

Value Behavioral Health- member line

- Managed-care company to help coordinate care, education and assistance to access services
 - o Contact- 1-866-404-4561

West Central Job Partnership

- Work readiness training program for out of school youth
 - o Contact Dawn McFall- 724-347-9257, ext. 108

Young Life Penn-West

- Faith-based organization working with youth and young adults in the community
 - o Contact- 724-372-9257
 - o www.younglife.org

Youth Advocate and Adult Services

- Supported employment and Developmental Disabilities respite
 - o Contact- Regina Scarmack- 724-342-1455

Online Resources-

www.parecovery.org

www.pattan.net

hover mouse over educational initiatives and click on secondary transition

www.pealcenter.org

www.secondarytransition.org

www.transition-guide-admin.s3.amazonaws.com

Free app- PA Planning for the Future

Understanding Dyslexia and How to Help Children Who Have It

The Importance of Self-Esteem for Kids With Learning and Attention Issues

Parenting Tips for ADHD: Do's and Don'ts

How to Create an Autism-Friendly Environment for Kids

How to Discuss Puberty with Your Child Who Has Special Needs

Creating the Optimal Environment for a Kid with ADHD

Teens with ADHD: Recognizing Signs of Depression

Teaching the Person with Autism How to Drive

Coping With Stress: A Guide For Struggling Parents

Support Groups

- Autism Spectrum Support Group
 - o 3rd Wednesday of each month, 6PM
 - o Children's Aid Society, 350 W. Market Street, Mercer, PA
 - o Contact- Andrea Wright- 724-992-2527 or email asd3mom@gmail.com
- Asperger's Social Group
 - Second Wednesday of every month, 6PM-7:30PM
 - 15 years and older
 - o MCAR, 850 N. Hermitage Road, Hermitage, PA
 - o Contact- Nicci Jones- 724-981-2950, ext. 207
- Anorexia Nervosa and Bulimia self-help group
 - Every Thursday 5:30-6:45PM
 - o Notre Dame Church, Founder's Room, 2325 Highland Road, Hermitage, PA
 - o Contact- Renee Zamary- 724-981-5435 or 724-301-7788
- Parents and Caregivers of Children with Mental Health Challenges
 - o Contact Jeanette Murray-Hall 724-815-5836
- Celebrate Recovery- recovery group for all of life's stress's
 - St. Anthony's Point, 3679 E. State St, Hermitage, PA
 - Meets every Friday 7PM
 - Bethel Life Worship Center, 195 Columbia Ave, Greenville, PA
 - Meets every Monday 6:30-8:30PM
- Special Needs Support Group
 - 1st Saturday of each month, 6PM-7:30PM

- o Capable Kids Therapy, 499 N. Hermitage Road, Hermitage, PA
- o Contact- Julia Cassidy- 724-718-3951
- Autism Warriors Support Group
 - o Contact- Gretchen Murphy- 724-815-8260 or email gretchen1618@yahoo.com
- Comprehensive Support Group
 - o Contact- Dr. Ken Wallace- 800-630-2237 or email Administration@comprehensivecrs.com
- PACT Parents of Autistic Children Together
 - o Contact- Lori- 724-992-0123
- FBH Mercer Family, Social & Play Group
 - o Contact- Stacy Motonis- 724-981-4462 or email smotonis@familybehavioralresources.com

Developed by the Transition Age Workgroup, sub-committee of New Freedom Initiative
For changes, corrections, and additions, please contact Anna Shears at annammarie.shears@mercercountybhc.org

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