

# Youth Mental Health First Aid

Join the movement.

Sometimes first aid isn't  
a bandage or CPR.  
Sometimes, first aid  
is **YOU**.

**Date:** May 30, 2018

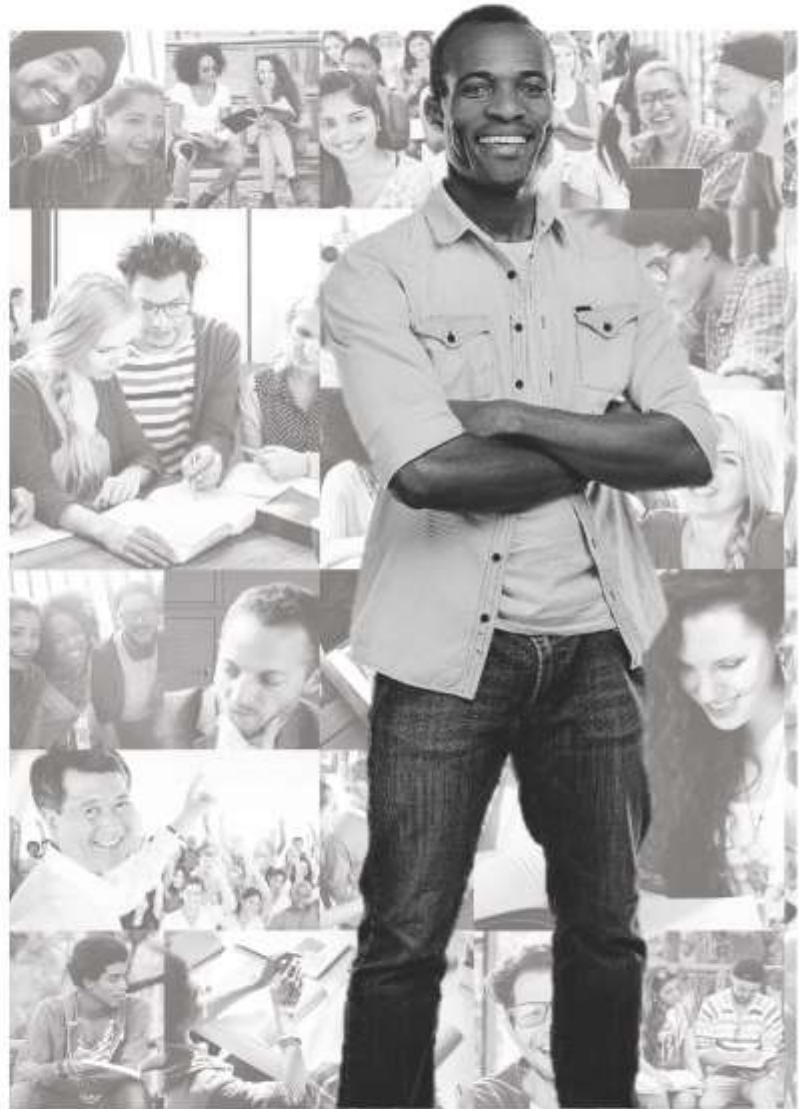
**Time:** 8 am – 4:30 pm (30 min. lunch)

**Location:** Mercer County BHC  
8406 Sharon-Mercer Rd.  
Mercer, PA 16137

**RSVP:** Please contact: Diana Covert at  
(724) 662-1550, Ext. 101  
By May 23, 2018  
(Limited Seating)

A young person you know  
could be experiencing a  
mental health or substance  
use problem. **Learn an action  
plan to help.**

Anyone 18 or older can take Youth  
Mental Health First Aid, but it is  
recommended for those who  
regularly have contact with young  
people ages 12-18 -- teachers,  
coaches, social workers, faith  
leaders and other caring citizens.



Take a course. Save a life.  
**Strengthen your community.**

For more information, visit  
[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)