

November 29th & 30th, 2018

MCCYS will be offering  
**Seeking Safety** Training  
free of cost.

*Seeking Safety*

- ◆ Evidence– Based
- ◆ 2 day training from 9am-4pm
- ◆ Helps people attain safety from trauma and/or substance abuse
- ◆ Can be conducted in group (any size) and/or individual modality
- ◆ Directly addresses both trauma and addiction, but without requiring clients to delve into trauma narrative

*Limited seating available .*

*Please contact Sheila E. Hernandez to register.*

Contact Information:

Sheila E. Hernandez

**Mercer County Training Coordinator**

**Parkside Psychological Associates, LLC**

**Sharon Office: 724.981.2644**

option 3

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